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Capital One Academic All-District ® Women's Basketball Teams Released

The 2010-11 Capital One Academic All-District ® Women's Basketball Teams, selected by the College Sports Information Directors of America, have been released to recognize the nation's top student-athletes for their combined performance on the floor and in the classroom.

The Academic All-District ® teams include the student-athletes listed on the following pages and are divided into eight geographic districts across the United States and Canada. The University Division team includes NCAA Division I participants, while the College Division team combines NCAA Division II, NCAA Division III, NAIA, Canadian and two-year schools.

First-team Academic All-District ® honorees advance to the national Capital One Academic All-America® Team ballot, where First, Second and Third Team All-America honorees will be selected later this month.

About Capital One

Capital One Financial Corporation (www.capitalone.com) is a financial holding company whose subsidiaries, which include Capital One, N.A. and Capital One Bank (USA), N. A., had \$122.2 billion in deposits and \$197.5 billion in total assets outstanding as of December 31, 2010. Headquartered in McLean, Virginia, Capital One offers a broad spectrum of financial products and services to consumers, small businesses and commercial clients. Capital One, N.A. has approximately 1,000 branch locations primarily in New York, New Jersey, Texas, Louisiana, Maryland, Virginia and the District of Columbia. A Fortune 500 company, Capital One trades on the New York Stock Exchange under the symbol "COF" and is included in the S&P 100 index.

Capital One, an NCAA Corporate Champion, began its affiliation with college sports with the sponsorship of the 2001 Capital One Florida Citrus Bowl (now the Capital One Bowl) and ESPN's Capital One Bowl Week. In 2010, Capital One launched the Capital One Cup, a prestigious new program rewarding NCAA Division I athletics programs for their cumulative on-field performance across multiple men's and women's sports. In addition, Capital One sponsors the ABC College Football Halftime Report, Capital One All-America Mascot Team, all 88 NCAA Championships including the Division I Men's and Women's Basketball Championships, and numerous other collegiate athletics programs.

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2010-11 Capital One Academic All-District Women's Basketball Team District 1

University Division

FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Erin Anthony	U.S. MILITARY ACADEMY	I	Sr.	Allentown, Pa.	3.79	Civil engineering
Kathleen Barry	COLUMBIA	I	Sr.	Valley Center, Calif.	3.99	Economics / mathematics & Spanish
Julie Forster	ALBANY	I	So.	Huntington, N.Y.	3.96	Business administration
Maya Moore	CONNECTICUT	I	Sr.	Lawrenceville, Ga.	3.70	Individualized
Mary Silvia	HARTFORD	I	Sr.	Reading, Mass.	3.93	Entrepreneurial studies / finance

SECOND TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Kourtney Brown	BUFFALO	I	Sr.	Solon, Ohio	3.35	Computer eng. / electrical eng.
Kiley Evans	SACRED HEART	I	So.	Cazenovia, N.Y.	3.90	History
Megan Shoniker	RHODE ISLAND	I	Sr.	Rochester, N.Y.	3.44	Physical education
Da'Shena Stevens	ST. JOHN'S (NY)	I	Jr.	Stamford, Conn.	3.46	Accounting & finance
Callan Taylor	SACRED HEART	I	Jr.	Overland Park, Kan.	3.59	Exercise science

College Division

FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Melissa Alwardt	ROCHESTER	I	Sr.	Greece, N.Y.	3.76	Health & society
Elise Caira	BENTLEY	I	Sr.	Wakefield, Mass.	3.76	Corporate finance & accounting
Jaci Daigneault	AMHERST	I	Sr.	Guilford, Conn.	3.40	Psychology
Lauren Hannmann	WORCESTER POLYTECHNIC	I	Jr.	East Greenbush, N.Y.	3.82	Chemical engineering
Aimee Kellicutt	POTSDAM STATE	I	Sr.	Lisle, N.Y.	4.00	Chemical engineering
Kristen Kush	WILLIAM SMITH	I	Jr.	Fulton, N.Y.	4.03	Chemistry
Ashley Wright	ENDICOTT	I	Sr.	Merrimack, N.H.	3.77	Criminal justice

SECOND TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Megan Gaugler	SKIDMORE	I	Jr.	Amsterdam, N.Y.	3.82	Biology
Michelle Lafond	AMERICAN INTERNATIONAL	I	Jr.	Holyoke, Mass.	3.99	Sports & recreation management
Emily Rousseau	STONEHILL	I	Sr.	Biddeford, Maine	3.64	Finance

THIRD TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Ashley Caiafa	ADELPHI	I	Sr.	Massapequa Park, N.Y.	3.71	Physical education
Corey Cuddihy	BRIDGEWATER STATE	I	Sr.	Scituate, Mass.	3.65	Criminal justice
Shannon Daugherty	HOUGHTON	I	Sr.	Houghton, N.Y.	3.91	Sociology
Jules Kowalski	COLBY	I	Sr.	Montville, N.J.	3.48	Religious studies / biology
Sarah Leyman	AMHERST	I	Sr.	Cincinnati, Ohio	3.75	Biology
Caroline Stedman	AMHERST	I	Jr.	Walpole, Mass.	3.40	Economics / Spanish



2010-11 Capital One Academic All-District Women's Basketball Team District 2

University Division

FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Michelle Kurowski	MARYLAND-BALTIMORE CO.	II	Jr.	Hicksville, N.Y.	3.82	Psychology
Samantha Leach	SAINT FRANCIS (PA)	II	Sr.	Mount Sterling, Ohio	3.55	Elementary / special education
Joyce Novacek	BUCKNELL	II	Sr.	Aliquippa, Pa.	3.92	Management / English
Samantha Pollino	DUQUESNE	II	Sr.	Johnstown, Pa.	3.88	Physical therapy
Liz Repella	WEST VIRGINIA	II	Sr.	Steubenville, Ohio	3.94	Exercise physiology

SECOND TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Elena Delle Donne	DELAWARE	II	So.	Wilmington, Del.	3.55	Early childhood education
Lauren Edwards	PRINCETON	II	Jr.	Los Angeles, Calif.	3.41	Economics
Liz Leer	AMERICAN	II	Sr.	Glenside, Pa.	3.39	Public communication
Erica Prosser	LEHIGH	II	Sr.	Pittsburgh, Pa.	3.63	Africana studies
Julia Trogele	PENN STATE	II	Sr.	Devon, Pa.	3.43	Management

College Division

FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Tori Hansen	WEST LIBERTY STATE	II	Sr.	McKean, Pa.	4.00	Mathematics education
Lindsey Kentner	CHARLESTON	II	Sr.	Wapakoneta, Ohio	4.00	Pre-med / biology
Melissa McQuade	KUTZTOWN	II	Sr.	Pittsburgh, Pa.	3.94	Elementary education
Brittany Sedlock	SAINT VINCENT	II	Jr.	Northern Cambria, Pa.	4.00	Mathematics
Kathryn Stockbower	SWARTHMORE	II	Sr.	Fort Washington, Pa.	3.86	Biology / German studies

SECOND TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Amy Achesinski	MERCYHURST	II	Sr.	Butler, Pa.	3.72	Business marketing
Alexandra Chili	MUHLENBERG	II	Jr.	Rockville, Md.	3.79	Political science
Andrea Dalton	PITTSBURGH-JOHNSTOWN	II	Sr.	Washington, Pa.	3.87	Education / English literature
Kate Dellinger	WIDENER	II	So.	Wrightsville, Pa.	3.99	Psychology / pre-physical therapy
Ashley Henderson	POINT PARK	II	Sr.	Greensburg, Pa.	3.94	Advertising & public relations
Elisha Jones	WAYNESBURG	II	Sr.	Russell, Pa.	3.92	Athletic training

THIRD TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Maria Baroffio	SAINT VINCENT	II	Sr.	Butler, Pa.	3.48	Communication / advertising
Kristen Blye	PHILADELPHIA	II	So.	Chester Springs, Pa.	3.92	Business administration
Jordan Burkes	SETON HILL	II	Sr.	Coraopolis, Pa.	3.62	Math / elementary & special education
Siobhan Callanan	JOHNS HOPKINS	II	Sr.	Barrington, Ill.	3.40	Mechanical engineering
Hannah Hunter	WAYNESBURG	II	Jr.	Hopewell, Pa.	3.54	Interactive design
Kayla Smith	CALIFORNIA (PA)	II	Gr.	Elkins, W.Va.	3.37	Exercise science
Meredith Starr	KUTZTOWN	II	Sr.	Chesterfield, Va.	3.93	Biology (pre-professional)
Ali Tobias	CHARLESTON	II	Sr.	Painesville, Ohio	4.00	Physical education / health & wellness



2010-11 Capital One Academic All-District Women's Basketball Team District 3

University Division

FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Courtney Chihil	FLORIDA GULF COAST	III	Jr.	Tipp City, Ohio	3.86	Nursing
Jericka Jenkins	HAMPTON	III	Jr.	Lancaster, Texas	3.84	Criminology
Marissa Kastanek	NORTH CAROLINA STATE	III	So.	Lincoln, Neb.	3.98	Psychology
Jasmine Thomas	DUKE	III	Sr.	Fairfax, Va.	3.42	Sociology
Katie White	COASTAL CAROLINA	III	Sr.	St. Charles, Ill.	4.00	Accounting

SECOND TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Laura Broomfield	NORTH CAROLINA	III	Jr.	Lexington Park, Md.	3.38	Political science / communication stud.
Courtney Cannon	CAMPBELL	III	Sr.	Starkville, Miss.	3.75	Accounting
Monique Floyd	UNC-GREENSBORO	III	Sr.	Fairmont, N.C.	3.79	Recreation & parks management
Mackenzie Maier	HIGH POINT	III	Sr.	Charleston, W.Va.	3.80	Education
Brittany Strachan	NORTH CAROLINA STATE	III	Sr.	Kernersville, N.C.	3.66	Computer science
Allison Vernerey	DUKE	III	So.	Alsace, France	3.32	Undecided

College Division

FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Kelly Ellison	SHORTER	III	Jr.	Columbus, Ga.	4.00	Business management
Gianna Messina	TAMPA	III	Sr.	Tampa, Fla.	3.80	Accounting
Brittany Miller	MOUNT OLIVE	III	Sr.	Holly Springs, N.C.	3.95	English communications
Dawn Sanderson	METHODIST	III	Sr.	Brighton, Colo.	3.92	Mathematics
Brittini Young	MARS HILL	III	Sr.	Ramseur, N.C.	3.77	Business administration

SECOND TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Jessica Bearzatto	NEWBERRY (SC)	III	Sr.	Melbourne, Australia	3.96	Sports management
Amanda Billy	MARYMOUNT	III	Sr.	Syracuse, N.Y.	3.60	Mathematics
Barbara Davis	CHRISTOPHER NEWPORT	III	Sr.	Catharpin, Va.	3.92	Psychology
Milica Ivanovic	CATAWBA	III	Sr.	Belgrade, Serbia	3.79	Business administration
Helen McKinney	NEWBERRY (SC)	III	Sr.	Owensboro, Ky.	3.54	Biology

THIRD TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Maame Amponsah	MARYMOUNT	III	Sr.	Beltsville, Md.	3.33	Business administration
Becca Feldman	EMORY	III	Jr.	North Potomac, Md.	3.61	Neuroscience & behavioral biology
Marissa Hudley	QUEENS (NC)	III	Sr.	Charlotte, N.C.	3.43	Psychology
Lauren Lee	SAINT LEO	III	Sr.	Clearwater, Fla.	3.41	Criminal justice
Ashley Lutz	ECKERD	III	Sr.	Grove City, Ohio	3.65	Business management
Deandra Schirmer	SOUTH CAROLINA-AIKEN	III	Sr.	Holton, Kan.	3.94	Business marketing
Allison Sikes	SAINT AUGUSTINE'S	III	Sr.	Richmond, Va.	3.60	Psychology
Tanja Speaker	FLORIDA SOUTHERN	III	Sr.	Richmond, Ill.	3.92	Sports management
Shanna Suttington	BARRY	III	Jr.	Manassas, Va.	3.41	Psychology



2010-11 Capital One Academic All-District Women's Basketball Team District 4

University Division

FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Jenna Bartsokas	LIPSCOMB	IV	Sr.	Franklin, Tenn.	3.95	Exercise science
Angie Bjorklund	TENNESSEE	IV	Sr.	Spokane Valley, Wash.	3.63	Psychology
Kristin Daugherty	DAYTON	IV	Sr.	Fresno, Ohio	3.81	Public relations
Maggie Hennegan	BOWLING GREEN STATE	IV	Gr.	Cincinnati, Ohio	4.00	Master of business administration
Kaihla Szunko	CENTRAL MICHIGAN	IV	Sr.	Saginaw, Mich.	3.83	Health fitness & rehabilitative prog.

SECOND TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Blanche Alverson	AUBURN	IV	So.	Andalusia, Ala.	3.62	Pre-med
Kari Daugherty	DAYTON	IV	So.	Fresno, Ohio	3.98	Middle childhood education
Veronica Hicks	MICHIGAN	IV	Sr.	Chicago, Ill.	3.32	Industrial & operations engineering
Rachael Isom	MURRAY STATE	IV	Jr.	Cleveland, Tenn.	4.00	English literature
Glory Johnson	TENNESSEE	IV	Jr.	Knoxville, Tenn.	3.50	Global studies
Justine Raterman	DAYTON	IV	Jr.	Versailles, Ohio	3.70	AYA math education
Taber Spani	TENNESSEE	IV	So.	Lee's Summit, Mo.	3.86	Communication studies

THIRD TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Carly Morrow	KENTUCKY	IV	Sr.	Lookout Mountain, Ga.	3.76	Business economics
Courtney Osborn	MIAMI (OHIO)	IV	So.	Fishers, Ind.	3.62	Business
Rachel Tecca	AKRON	IV	So.	Tallmadge, Ohio	3.90	Business / corporate financial mgmt.

College Division

FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Carlie Ainsworth	AUBURN-MONTGOMERY	IV	Sr.	Montgomery, Ala.	3.97	Exercise science
Whitney Ballinger	CAMPBELLSVILLE	IV	Sr.	Carrollton, Ky.	3.87	Mathematics
Sharwil Bell	RHODES	IV	Jr.	Memphis, Tenn.	3.97	Pre-Med
Erin Hollinger	CASE WESTERN RESERVE	IV	Jr.	Chardon, Ohio	3.96	Macromolecular science / engineering
Pam Wilson	NORTHWOOD (MI)	IV	Sr.	Grand Blanc, Mich.	3.83	Banking & finance

SECOND TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Lucy Dernovsek	MICHIGAN TECH	IV	Sr.	Holcombe, Wis.	3.88	Business administration
Julie Janish	DAVENPORT	IV	Jr.	Whittemore, Mich.	4.00	Management / accounting
Kayla Hudson	UNION	IV	Sr.	Gleason, Tenn.	3.45	Political science
Chelsea Tolliver	THOMAS MORE	IV	So.	Morning View, Ky.	4.00	Business
Carissa Verkaik	CALVIN	IV	So.	Holland, Mich.	3.51	Elementary education

THIRD TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Cara Bedard	WALSH	IV	Sr.	Randolph, Ohio	3.85	Biology
Kallie Benike	DAVENPORT	IV	Sr.	Campbellsport, Wis.	3.69	Marketing
Jeannie Closson	DAVENPORT	IV	Sr.	Parchment, Mich.	3.86	Nursing
Heather Gibson	TENNESSEE WESLEYAN	IV	So.	Sweetwater, Tenn.	3.90	Interdisciplinary / accounting
Kayla Gordon	OHIO WESLEYAN	IV	Sr.	St. Louis, Mo.	3.61	Psychology / women's & gender stud.
Amanda Himes	MOUNT VERNON NAZARENE	IV	Sr.	Hilliard, Ohio	3.46	Early childhood education
Shaina Kaiser	DENISON	IV	Sr.	Ostrander, Ohio	3.41	Economics / communication
Katie Knox	JOHN CARROLL	IV	Sr.	North Olmsted, Ohio	3.86	Engineering physics
Allison Long	THOMAS MORE	IV	So.	Hebron, Ky.	4.00	Secondary education
Joanna Snyder	OHIO NORTHERN	IV	So.	Fort Recovery, Ohio	4.00	Math / education



2010-11 Capital One Academic All-District Women's Basketball Team District 5

University Division

FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Felicia Chester	DEPAUL	V	Sr.	St. Louis, Mo.	3.83	Sociology - Cultural Studies
Kelsie Cooley	INDIANA STATE	V	Sr.	Dayton, Ohio	4.00	Management
Emily Hanley	ILLINOIS STATE	V	Sr.	Bloomington, Ill.	3.74	Secondary Education
Alyssa Karel	WISCONSIN	V	Sr.	St. Paul, Minn.	3.88	Nursing
Brittany Rayburn	PURDUE	V	Jr.	Attica, Ind.	3.81	Animal science (pre-vet)
Kayla Tetschlag	WISCONSIN-GREEN BAY	V	Sr.	Sheboygan, Wis.	3.80	Business Administration

SECOND TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Kendall Hackney	NORTHWESTERN	V	So.	Cincinnati, Ohio	3.41	Communication studies
Chelsea Jones	PURDUE	V	Jr.	Fort Smith, Ark.	4.00	Biology
Sam Quigley	DEPAUL	V	Gr.	Joliet, Ill.	3.53	Physical ed. (UG) / ed. leadership (G)
Lin Zastrow	WISCONSIN	V	Sr.	Jefferson, Wis.	3.42	Business management

College Division

FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Carol Cayo	MILWAUKEE SCH. OF ENG.	V	Jr.	Lake Mills, Wis.	3.97	Industrial engineering
Molly Geske	GUSTAVUS ADOLPHUS	V	Jr.	Mendota Hts., Minn.	3.95	Public accounting
Erica Nord	CONCORDIA-MOORHEAD	V	Sr.	Wolverton, Minn.	3.99	Accounting / business
Michelle McDonald	WINONA STATE	V	Jr.	Johnsburg, Ill.	3.94	Education
Marissa Young	SAINT XAVIER	V	Sr.	Monroe, Wis.	3.95	Biology (pre-med)

SECOND TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Shae Beckwith	EDGEWOOD	V	Sr.	East Troy, Wis.	3.91	Business & marketing
Laura Kramer	SW MINNESOTA STATE	V	Sr.	Fulda, Minn.	4.00	Elementary education
Megan Lawler	ROCKFORD	V	Sr.	Pearl City, Ill.	3.95	Physical education
Hannah Mesick	WISCONSIN-EAU CLAIRE	V	Sr.	Chatfield, Minn.	3.85	Political science
Elise Wildman	MILLIKIN	V	Sr.	Lovington, Ill.	3.66	Chemistry (pre-pharmacy)

THIRD TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Stacey Arlis	ILLINOIS WESLEYAN	V	Sr.	Glendale Heights, Ill.	3.74	Psychology
Nikki Preston	ILLINOIS WESLEYAN	V	Sr.	Prospect Heights, Ill.	3.84	Biology (pre-veterinary)
Kelsey Green	HUNTINGTON	V	Jr.	Van Buren, Ind.	3.82	Math education
Angie Jetvig	MINNESOTA ST., MOORHEAD	V	Jr.	Hawley, Minn.	3.72	Health service administration
Katie Wolff	WINONA STATE	V	So.	Marshfield, Wis.	4.00	Engineering technologies



2010-11 Capital One Academic All-District Women's Basketball Team District 6

University Division

FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Yvonne Anderson	TEXAS	VI	Jr.	Columbia, Mo.	3.72	Finance
Amanda Best	NEW MEXICO	VI	Sr.	Snohomish, Wash.	4.00	Biology
Mary Kathryn Govero	MISSISSIPPI STATE	VI	Gr.	Clinton, Miss.	3.92	Kinesiology
Danielle Robinson	OKLAHOMA	VI	Sr.	San Jose, Calif.	3.50	Sociology
Lauren Taylor	NEW MEXICO	VI	Jr.	Brownsburg, Ind.	4.00	Biology

SECOND TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Ashlyn Baggett	MCNEESE STATE	VI	So.	Iota, La.	3.74	Nursing
Roxana Button	HOUSTON	VI	Jr.	Coppell, Texas	3.88	Psychology
Ashleigh Fontenette	TEXAS	VI	Jr.	Pflugerville, Texas	3.48	Physical culture & sports
Joanna McFarland	OKLAHOMA	VI	So.	Derby, Kan.	3.80	Chemistry / biochemistry
Kathleen Nash	TEXAS	VI	Sr.	Plano, Texas	3.35	Finance

College Division

FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Shelby Adamson	TARLETON STATE	VI	Jr.	Rockwall, Texas	3.80	Mathematics
Katy Clift	OKLAHOMA CHRISTIAN	VI	Jr.	Kiowa, Okla.	4.00	English
Brittany Hampton	LUBBOCK CHRISTIAN	VI	Sr.	Canyon, Texas	3.96	Exercise (health promotion)
Whitney Wehmeyer	LUBBOCK CHRISTIAN	VI	Sr.	Poth, Texas	4.00	Accounting
April Young	OZARKS	VI	Jr.	Deer, Ark.	3.99	Biology

SECOND TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Ashley Beckley	CENTRAL OKLAHOMA	VI	Sr.	Turpin, Okla.	3.42	Special education
Sabrina Goddard	OZARKS	Jr.		Stroud, Okla.	3.75	Biology
Ashley James	ANGELO STATE	VI	So.	Waco, Texas	3.81	Mathematics
Abbey Marra	SOUTHERN NAZARENE	VI	Jr.	Olathe, Kan.	3.89	English
Josie Stewart	CAMERON	VI	Sr.	Glenrock, Wyo.	3.77	Elementary education
Sonya Sundberg	TARLETON STATE	VI	Sr.	Keller, Texas	3.90	Kinesiology

THIRD TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Abby Dietert	TRINITY (TEXAS)	VI	Jr.	Cibolo, Texas	3.34	Psychology
Danielle Hubenak	TRINITY (TEXAS)	VI	Sr.	San Antonio, Texas	3.55	Accounting
Sarah Martin	ARKANSAS TECH	VI	So.	Muldrow, Okla.	3.91	Journalism
Brittany Ward	ST. EDWARD'S	VI	Jr.	Denton, Texas	3.67	Communications
Morgan Youngblood	ANGELO STATE	VI	So.	Thorndale, Texas	3.47	Chemistry



2010-11 Capital One Academic All-District Women's Basketball Team District 7

University Division

FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Sarah Balian	MONTANA STATE	VII	Sr.	Shoreline, Wash.	3.95	Nursing
Lacey Boshe	MISSOURI STATE	VII	Jr.	Marshfield, Mo.	4.00	Cell & molecular biology
Jacqui Kalin	NORTHERN IOWA	VII	Jr.	Sioux City, Iowa	4.00	Exercise science & kinesiology
Sam Schuett	CREIGHTON	VII	Gr.	Omaha, Neb.	3.80	Accounting MBA
Aubrey Vandiver	WYOMING	VII	Sr.	Laramie, Wyo.	3.59	Spanish

SECOND TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Lizzie Boeck	NORTHERN IOWA	VII	Sr.	Milwaukee, Wis.	3.78	Family services
JuliAnne Chisholm	KANSAS STATE	VII	Jr.	Hillsboro, Kan.	3.96	Pre-med / athletic training
Ashley Eide	SOUTH DAKOTA STATE	VII	So.	Sioux Falls, S.D.	4.00	Health, physical edu. & recreation
Amber Hegge	SOUTH DAKOTA	VII	Jr.	Crofton, Neb.	3.76	Math education
Kellie Nelson	CREIGHTON	VII	Sr.	Omaha, Neb.	3.88	Mathematics

THIRD TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Kaisha Brown	NORTHERN COLORADO	VII	Jr.	Spirit Lake, Iowa	3.84	Chemistry
Brittany Chambers	KANSAS STATE	VII	So.	Jordan, Minn.	3.71	Life sciences
Morgan Johnson	IOWA	VII	So.	Platte City, Mo.	3.77	Pre-health / human physiology
Kelly Krei	IOWA	VII	Jr.	Iowa City, Iowa	3.75	Biomedical engineering
Abby Plucker	NORTH DAKOTA STATE	VII	Jr.	Parker, S.D.	3.71	Dietetics
Rachel Semansky	MONTANA STATE	VII	So.	Highwood, Mont.	3.97	Elementary education
Kelsey Woodard	CREIGHTON	VII	Sr.	Bellevue, Neb.	3.82	Finance

College Division

FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Mikayla Barondeau	NORTHERN STATE	VII	Jr.	Frederick, S.D.	4.00	English / secondary edu. / writing
Mara Hjelle	WAYNE STATE	VII	Sr.	White Bear Lake, Minn.	3.90	Counseling
Becca Hurley	NORTHWESTERN (IA)	VII	Sr.	Pleasant Hill, Iowa	3.73	Christian education
Jennifer Jorgensen	GRAND VIEW	VII	So.	Dayton, Iowa	4.00	Business admin. / sport management
Alli Volkens	EMPORIA STATE	VII	Sr.	Reinbeck, Iowa	3.47	Biology

SECOND TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Sarah Anciaux	COE	VII	Sr.	Iowa City, Iowa	3.73	Chemistry
Rachel Backes	WESTMINSTER (MO)	VII	Jr.	Tipton, Mo.	3.88	Biology
Danielle Ballard	GRAND VIEW	VII	Sr.	Boone, Iowa	4.00	Criminal justice / Spanish
Kaitlin Breitbart	COE	VII	Sr.	Cedar Rapids, Iowa	3.94	Biology & neuroscience
Ali Dolphin	ST. AMBROSE	VII	Sr.	Marshalltown, Iowa	3.78	Nursing

THIRD TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Breanna Daniels	TRUMAN STATE	VII	Jr.	Ridgedale, Mo.	3.76	Exercise science
Kendra De Jong	NORTHWESTERN (IA)	VII	So.	Hospers, Iowa	3.51	Nursing
Megan Doyle	AUGUSTANA (SD)	VII	Sr.	Alexandria, S.D.	3.70	Business
Dani Hoover	WASHINGTON (MO)	VII	Jr.	Junction City, Kan.	4.00	Systems science & engineering
Katelynn Lamb	BLACK HILLS STATE	VII	Sr.	Onida, S.D.	3.88	Biology
Vanessa Leeper	NEBRASKA-KEARNEY	VII	Jr.	Colorado Springs, Colo.	3.95	Business administration
Lauren Luebbe	REGIS	VII	Sr.	Rochester, Minn.	3.98	Nursing
Cassie Neth	MOUNT MARTY	VII	Sr.	Scotland, S.D.	3.92	Biology
Christa Subbert	WILLIAM PENN	VII	Sr.	Stanton, Iowa	3.72	Physical education



2010-11 Capital One Academic All-District Women's Basketball Team District 8

University Division

FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Janelle Bekkering	GONZAGA	VIII	Sr.	Taber, Alberta	3.48	Civil engineering
Rachel Clancy	CAL POLY SAN LUIS OBISPO	VIII	Gr.	Limerick, Ireland	3.78	Biological Sciences (UG) / bio sci. (G)
Tara Cronin	PORTLAND	VIII	Sr.	Spokane, Wash.	3.70	Mechanical engineering
Amanda Johnson	OREGON	VIII	Jr.	Santa Rosa, Calif.	3.97	Child & family health services
Jessica Vargas	LOYOLA MARYMOUNT	VIII	Gr.	Flagstaff, Ariz.	4.00	Biochemistry (UG) / education (G)

SECOND TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Alice Coddington	UTAH STATE	VIII	Sr.	Canberra, Australia	3.74	Marketing
Rebecca Dew	HAWAII	VIII	Jr.	Auckland, New Zealand	4.00	English
Jenna Galloway	NORTHERN ARIZONA	VIII	Sr.	Spokane, Wash.	3.89	Electronic media & film
Courtney Jacob	LONG BEACH STATE	VIII	Gr.	Naples, Fla.	3.72	Child development & family studies
Chelsea Pickering	IDAHO STATE	VIII	Sr.	Lumberton, Texas	3.66	Health care & MBA
Kaela Oakes	IDAHO STATE	VIII	So.	Chandler, Ariz.	3.85	Nursing
Yinka Olorunnife	IDAHO	VIII	Sr.	Windsor, Ontario	3.45	Exercise science

College Division

FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Reyana Colson	CAL POLY POMONA	VIII	Sr.	Compton, Calif.	3.68	Accounting
Jessilyn Conicelli	BIOLA	VIII	Sr.	Redlands, Calif.	3.93	Business
Nicole Gall	COLLEGE OF IDAHO	VIII	Sr.	Boise, Idaho	3.79	Physical therapy
Samantha Murphy	GRAND CANYON	VIII	Sr.	Phoenix, Ariz.	3.96	Pre-physical therapy
Jocelyn Riordan	PUGET SOUND	VIII	Jr.	Lake Forest, Wash.	3.85	Exercise science
Caitlyn Rohrbach	SEATTLE PACIFIC	VIII	Sr.	Edmonds, Wash.	3.93	Psychology

SECOND TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Courtney Carroll	REDLANDS	VIII	Jr.	Palos Verdes, Calif.	3.75	Psychology
Danielle Clauson	CONCORDIA (OR)	VIII	Sr.	Edmonds, Wash.	3.42	Business
Christin Gowan	CALIFORNIA ST.-STANISLAUS	VIII	Gr.	Manteca, Calif.	3.80	Psychology
Michelle Pace	WESTMINSTER (UT)	VIII	Sr.	Holladay, Utah	3.91	Business

THIRD TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Rosslyn Beard	CAL POLY POMONA	VIII	Jr.	San Francisco, Calif.	3.65	Kinesiology
Megan Ford	CAL POLY POMONA	VIII	Jr.	Newhall, Calif.	3.32	Food marketing & agribusiness mgmt..
Dominique Hunter	SAN FRANCISCO STATE	VIII	Sr.	San Francisco, Calif.	3.37	Business
Hanna Johansson	ALASKA ANCHORAGE	VIII	Jr.	Gothenburg, Sweden	3.62	Journalism & public communications
Kelsey McKinnis	PUGET SOUND	VIII	So.	Ashland, Ore.	3.67	Exercise science