



CAPITAL ONE ACADEMIC ALL-AMERICA® TEAM
SELECTED BY COSIDA

FOR RELEASE:

Thursday, June 7 – 12 noon (EDT)

**NICK AMUCHASTEGUI OF STANFORD,
BROOKE PANCAKE OF ALABAMA
LEAD CAPITAL ONE ACADEMIC ALL-AMERICA®
DIVISION I MEN'S & WOMEN'S AT-LARGE TEAMS**

TOWSON, Md. – Wrestler **Nick Amuchastegui**, a graduate student at Stanford University, and senior golfer **Brooke Pancake** of the University of Alabama lead the 2012 Capital One Academic All-America® Division I Men's and Women's At-Large Teams, as selected by the College Sports Information Directors of America (CoSIDA).

Amuchastegui and Pancake have been chosen as the winners of the Capital One Academic All-America® of the Year award winners for the Division I Men's and Women's At Large programs, respectively.

The Capital One Academic All-America® Men's At-Large program includes the sports of fencing, golf, gymnastics, ice hockey, lacrosse, rifle, skiing, swimming and diving, tennis, water polo and wrestling.

The Capital One Academic All-America® Women's At-Large program includes the sports of bowling, crew, fencing, field hockey, golf, gymnastics, ice hockey, lacrosse, rifle, skiing, swimming and diving, tennis and water polo.

Amuchastegui, who maintained a 3.89 Grade Point Average as a graduate student in mechanical engineering and achieved a 3.98 G.P.A. as an undergrad, is a repeat selection as the Capital One Academic All-America® of the Year for the Division I Men's At-Large program. He is the first repeat selection since **Albert Parker** of Georgia in 1990 and 1991.

A native of Talent, Ore., Amuchastegui is a two-time Capital One Academic All-America® Men's At-Large first team performer. He also earned second team honors in 2010. The two-time NCAA Elite 89 winner compiled a 24-1 record this year en route a second place finish at the NCAA Division I Championship Meet at 174-pounds. Amuchastegui, who was the 2012 Pacific-12 Conference Wrestler of the Year, went 15-0 in dual match competition and posted six victories over nationally-ranked opponents.

Amuchastegui, who is Stanford's first two-time NCAA finalist, was a three-time NCAA All-American and a two-time Pac 12 Conference individual champion. His 118 wins in 137 career matches are the fourth highest total in school history. The 2012 Pac 12 Scholar-Athlete of the Year was a four-time conference all-academic first team selection.

A marketing major who completed her degree with a perfect 4.00 G.P.A., Pancake led Alabama to its first NCAA Women's Golf Championship last month. She clinched the title when she rolled in a four-footer for par on the 18th hole to give Alabama a one-stroke victory. Individually, Pancake finished as the 2012 NCAA runner-up with a 2-under-par score of 286.

A three-time All-American, Pancake was a first team honoree twice. Pancake finished her career with a 73.08 career scoring average and led the Crimson Tide in 2011-12 with a 72.52 stroke average. She earned the 2011 Edith Cummings Munson Award from the National Golf Coaches Association (NGCA) for the student-athlete with the highest GPA among first team All-Americans.

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Amuchastegui, Pancake Top Capital One Academic All-America® At-Large Teams – page 2

The Chattanooga, Tenn., native is a three-time Southeastern Conference Women's Golf Scholar-Athlete of the Year and a three-time NGCA Scholar Athlete.

A four-time All-SEC selection, she closed out her career n ranked sixth nationally in the Golfweek/Sagarin Performance Index. She is a member of the National Society of Collegiate, Alpha Lambda Delta, Phi Eta Sigma, Sigma Alpha Lambda, Golden Key and XXXI, the Alabama elite women's honorary. She was also named as the winner of the 2012 Honda Award, presented to the top collegiate golfer in the nation.

Pancake is the second consecutive Alabama student-athlete to win the award. Gymnast **Kayla Hoffman** was the Capital One Academic All-America® of the Year in the Women's At-Large program last year.

Swimmer **Bobby Bollier** of Stanford and gymnast **Miguel Pineda** of Penn State join Amuchastegui as repeat for first team selections on the Capital One Academic All-America® Division I Men's At-Large team. Wrestler **Tucker Lane** of Nebraska was a second team selection last year while swimmers **Colin Gray** of Evansville and **Kyle Weeks** of Alabama were third team Academic All-America® honorees in 2011. Weeks and Gray also maintained the two 4.0 Grade Point Averages on the first team.

Volleyball player **Brad Lawson** joins Amuchastegui and Bollier to give Stanford three student-athletes on the 2012 Capital One Academic All-America® Division I Men's At-Large first team.

Rounding out the 2012 Capital One Academic All-America® Division I Men's At-Large first team are skier **Franz Bernstein** of Vermont, lacrosse player **Brendan Buckley** of the U.S. Military Academy, tennis player **Louis Cant** of Mississippi State, swimmer **Cody Deacon** of the U.S. Air Force Academy, water polo player **Brian Donohoe** of UC San Diego, swimmer **Andrew Elliott** of Ohio State, swimmer **Ryan Helms** of Tennessee, and skier **Tyler Reinking** of Montana State.

Bollier, a mechanical engineering major with a 3.78 G.P.A., was a 14-time NCAA All-American. He finished third on the 800 freestyle relay, fourth in the 200- butterfly and took fifth place in the 500-freestyle in 2012. A senior from Mission Hills, Kan., he was the NCAA national runner-up in the 200-fly and 500-free. A four-time Pac 12 Conference champion, he helped Stanford win four straight conference championship. Stanford placed in the top four nationally each year.

A biology major with a 3.98 G.P.A., Pineda led Penn State to third place at the 2012 NCAA Men's Gymnastics Championship Meet and was a finalist for the Nissen-Emery and the Arthur Ashe Sport Scholar Awards. A native of Galloway, Ohio., he recorded 20 event titles in his career and earned 2011 All-American and Big Ten Conference medalist honors on the rings. Pineda was a 2012 Wayne Duke Postgraduate Scholarship recipient and 2011 NCAA Elite 88 Award winner. He was also a three-time Academic All-Big Ten selection.

A native of Redvale, Col., Lane was a four-time NCAA qualifier as a heavyweight wrestler for Nebraska and rolled up 105 career victories. He graduated in 2011 with a bachelor's degree and a 3.94 G.P.A. in communication studies. He has a 4.0 G.P.A. in graduate school. Lane compiled a 27-9 record overall, including a 15-4 in duals as a senior and earned Academic All-Big Ten honors. A 2012 Nebraska HERO Leadership Award winner, he was a three-time Big 12 All-Academic selection.

Gray, a senior mathematics and actuarial science major from Carmel, Ind., boasts a 4.0 G.P.A. while swimming for Evansville. He posted the Aces' season best time in the 200- breaststroke all four seasons and the top time in 100-breaststroke in three seasons. The recipient of the 2012 Ralph H. Coleman Award, Gray finished 18th in the 100-breaststroke at the Mid-American Conference Championships. He was also a three-time Academic All-MAC first team pick.

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Amuchastegui, Pancake Top Capital One Academic All-America® At-Large Teams – page 3

A finance major with a perfect 4.0 G.P.A., Weeks was a 2012 co-captain and a three-year Southeastern Conference competitor for the Crimson Tide. The Conway, Cal., native was a two-year president of Alabama's Student-Athlete Advisory Council, Outstanding Student-Athlete Award winner in the Computer-Based Honors Program and active on the 2011 SEC Community Service team. Weeks was a four-year regular on the SEC Academic Honor Roll and earned the 2011 Special Achievement Award in Finance.

A native of Honolulu, Hawaii, Lawson was a three-time American Volleyball Coaches Association first team selection at outside hitter for the Cardinal. A senior who majors in science, technology and society, Lawson has a 3.66 G.P.A. Lawson averaged 4.1 kills per set this season, fourth nationally. He led Stanford to a 22-7 record as a senior and was part of a senior class that won 86 matches. A three-time All-Mountain Pacific Sports Federation first team selection, Lawson is Stanford's career record holder in kills and services during the rally-scoring era.

An engineering management major with a 3.84 G.P.A., Bernstein led Vermont to the 2012 NCAA Division I Skiing championship. He also led the Catamounts to the Eastern Intercollegiate Ski Association championship. A senior from Unterhingu, Germany, Bernstein was the 2010 NCAA 20K Classic individual champion and also placed third in the race this season to earn his third All-American honor. Ski Racing magazine's 2010 Male Nordic Skier of the Year, Bernstein was a four-time All-East first team selection and a four-time United State Collegiate Ski Coaches Association honoree.

A first team All-Patriot League defenseman for the U.S. Military Academy's lacrosse team, Buckley is an engineering management major with a 3.99 G.P.A. A junior from Massapequa, N.Y., he ranked 10th in the nation with 2.08 caused turnovers per game while marking the opponents' top attackman, including four of the top seven point-producers in the nation. Buckley, who ranks 16th in the West Point Class of 2013, served as Battalion Sergeant Major in the fall, the highest position a junior cadet can achieve. The recipient of the Superintendent's Award for Excellence, he was also the 2012 Patriot League Scholar Athlete of the Year for lacrosse.

A senior Kinesology major with a 3.93 G.P.A., Cant led the Mississippi State tennis team to its 21st NCAA appearance, a top 10 national ranking and a second straight Southeastern Conference West crown. A native of Brugge, Belgium, Cant became the Bulldogs' first 30-match winner since 2002. He posted a 30-6 singles record, including a 23-2 dual match record (9-2 SEC) and nine wins over ranked opponents. He earned All-American honors in 2012, reaching the round of 16 at the NCAA Tournament. Cant was a two-time All-SEC performer.

An U.S. Olympic Trials qualifier in the 100-meter breaststroke while competing for the U.S. Air Force Academy, Deacon is an aeronautical engineering major with a 3.84 G.P.A. He also minors in Russian. A senior from Portland, Ore., Deacon was an All-Mountain Pacific Sports Federation performer in the 100-breast and a four-time all-academic selection. Deacon was an academic squadron commander during 2011 summer, supervising 307 cadets. He will pursue a master's degree in aeronautical and astronautical engineering and upon completion, he will enter pilot training.

Donohoe, a junior History major with a 3.96 G.P.A., tallied 30 goals, 35 assists and 28 steals to lead the UC San Diego water polo team to a fourth place finish the NCAA Championship. A key performer for the Tritons' Western Water Polo Association championship team, the Upland, Cal. native earned ACWPC All-America honors. The winner of the NCAA Elite 89 Award, Donohoe was an NCAA Tournament all-tournament second team pick. He led the Tritons with 45 goals as a sophomore.

The back-to-back Big Ten Conference 200-meter backstroke champion for Ohio State, Elliott is a marketing major with a 3.85 G.P.A. A senior from Granger, Ind., he was a seven-time All-American for the Buckeyes and earned the 2010 NCAA Elite 88 Award. Elliott holds Ohio State records in four events (100-back, 200-back, 200 & 400 medley relays). He also won the 2010 Big Ten 100 backstroke title and was a two-time Academic All-Big Ten pick.

Amuchastegui, Pancake Top Capital One Academic All-America® At-Large Teams – page 4

An exercise science major with a 3.71 G.P.A., Helms was the 2012 Southeastern Conference Diver of the Year after winning the one-meter and three-meter titles for Tennessee. A senior from Moultrie, Ga., he placed fourth in the three-meter diving competition at the 2012 NCAA Championships and earned All-American honors in all three diving events. The 2009 SEC Freshman Diver of the Year, Helms qualified for the U.S. Olympic Trials in the three-meter competition. The 2012 SEC Scholar Athlete of the Year, he was the SEC runner-up in the one-meter and three-meter dives in 2011.

A senior exercise and nutrition sciences major with a 3.98 G.P.A., Reinking capped off his senior year at Montana State by earning his second All-America skiing honor. He finished 10th in the freestyle at the 2012 NCAA Skiing Championship. A native of Silverthorne, Col., Reinking posted five top five finishes this season, including a third place in the freestyle at the Rocky Mountain Intercollegiate Ski Association championships. He was fourth overall in the RMISA MVP points race.

The 15 members of the Capital One Academic All-America® Division I Men's At-Large first team have an average G.P.A. of 3.894. The first team includes five swimmers, a pair of skiers, two wrestlers, one gymnast, a lacrosse player, one tennis player, a water polo player. The Academic All-America® Division I At-Large first team is comprised of 11 seniors, two graduate students and a pair of juniors.

Four schools, including Alabama, Duke, Georgia and Vermont, had two scholar-athletes on the 2012 Capital One Academic All-America® Division I Women's At-Large first team.

Including Pancake, senior swimmer **Elina Eggers** of Arizona State, senior skier **Amy Glen** of Vermont, and senior swimmer **Wendy Trott** of Georgia, are all repeat selections on the Capital One Academic All-America® Women's At-Large Division I first team.

Golfer **Amy Anderson** of North Dakota State, tennis standout **Courtney McLane** of Georgia, and skier **Caitlin Patterson** of Vermont earned first team honors after being named to the second team last year.

Seniors **Melanie Baskind** of Harvard, **Sarah Borchelt** of Virginia, **Kat Ding** of Georgia, **Katie Goddard** of Brown, and **Jessica Lyden** and **Becca Ward** of Duke join junior **Evgeniya Kirpicheva** of St. John's and sophomore **Elizabeth Beisel** of Florida to round out the Capital One Academic All-America® Women's At-Large University Division first team.

A senior economics major with a 3.96 G.P.A., Eggers finished her career at Arizona State as a four-time All-American diver. In 2012, she won her second career Pacific-12 championship on the platform. She also finished sixth in the three-meter springboard at the NCAA Championships to earn All-America honors for the third-consecutive season. A native of Stockholm, Sweden, Eggers was the 2012 Pac-12 Scholar Athlete of the Year.

A member of the NCAA championship ski team at Vermont, Glen is a senior biology major with a 3.96 G.P.A. The 2012 NCAA Champion in the 15k Classic, Glen was a two-time NCAA All-American in 2012. The Anchorage, Alas. native, Glen won the NCAA Elite 89 Award in 2011 and is a three-time All-American.

A senior international affairs major with a 3.97 G.P.A., Trott was the NCAA runner-up in the 1650-free and finished fifth in the 500-free at the 2012 NCAA Championships. She earned All-America honors twice. The NCAA Elite 89 winner, she also earned the Southeastern Conference McWhorter Scholar-Athlete of the Year award. The only woman ever to win four SEC championships in the 1650-free, she received an NCAA Postgraduate Scholarship. A native of Capetown, South Africa, she also won the University of Georgia's Vincent Award as the senior athlete with the highest G.P.A.

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Amuchastegui, Pancake Top Capital One Academic All-America® At-Large Teams – page 5

A junior accounting major with a 3.96 G.P.A., Anderson was the top golfer at North Dakota State again this season. A native of Oxbow, N.D., Anderson led The Summit League for the third straight year with 73.0 average. She has been named Summit League Championship Most Valuable Performer twice and has been earned All-Summit League first team honors three times. Anderson will play internationally on Team USA for the 2012 Curtis Cup and World University Championships.

McLane, who earned her undergraduate degree from Alabama in three years and completed her master's degree in marketing this spring, posted a perfect 4.0 G.P.A. She recorded 20 singles wins and 30 doubles wins for the Crimson Tide tennis team this season. She is also part of the winningest doubles team in Alabama history. The Lawrenceville, Ga., native has been named as the Southeastern Conference Scholar-Athlete of the Year twice and has been named second team All-SEC three times.

A senior civil engineering major with a 3.92 G.P.A, Patterson teamed up with Glen to lead Vermont to the 2012 NCAA Skiing National Championship. The Anchorage, Alaska, native was the national runner-up in freestyle and placed fifth in classic to earn All-America honors twice in 2012. She is a four-time United States Collegiate Ski Coaches Association (USCSCA) All-Academic selection and a five-time NCAA All-American.

A senior neurobiology major with a 3.74 G.P.A., Baskind served as captain of both the Harvard women's lacrosse and women's soccer teams. A second team All-Ivy League selection in lacrosse and a member of the Ivy League All-Tournament team, she was also honored as the IWLCA Division I Scholar-Athlete of the Year. The Framingham, Mass, native was named as the Ivy League Defensive Player of the Week three times. She scored a team high 33 points on 27 goals and six assists in 2012. She also recorded four hat tricks and had eight multiple-point games.

A senior nursing major with a 3.92 G.P.A., Borchelt served as co-captain of Virginia's 2012 NCAA champion rowing team. A native of Sterling, Mass., she earned a fifth-place finish with second Varsity Eight at the NCAA Meet that gained valuable points towards the Cavaliers' national championship. She is a two-time Collegiate Rowing Coaches Association (CRCA) National Scholar-Athlete and a two-time member of the All-Atlantic Coast Conference Academic Rowing Team.

Ding, who led the Georgia gymnastics team to an 11th place finish at the NCAA Championship Meet, was a two-time NCAA champion, earning titles on the uneven bars and floor exercise. It marked the second year in a row that she won the NCAA title on uneven bars. An advertising major with a 3.58 G.P.A., the Sparks, Nev., native was named first team All-America on four events and won 26 event titles as a senior in 2012. The national runner-up in the all-around, Ding finished her career ranked seventh all-time at Georgia in bars points.

A senior with a double major in public policy & American institutions and education studies and a perfect 4.0 G.P.A. at Brown University, Goddard was a four-year standout for the Brown University gymnastics team. A native of Kings Park, N.Y., she was named ECAC Scholar Athlete of the Year and Academic All-Ivy. She has been named to the ECAC All-Academic Team four times and is a four-time USA Gymnastics Collegiate Scholar Athlete.

A senior psychology major with a 3.95 G.P.A., Lyden was an outstanding diver for the Duke University women's swimming and diving program, The 2012 Atlantic Coast Conference champion in the three-meter diving, she earned All-Atlantic Coast Conference honors for the first time. She also placed ninth on three-meter dive at the NCAA Zone B Diving Championships. A native of Lexington, Ky., she is a three-time ACC Academic Honor Roll selection.

The other Duke student-athlete on the Capital One Academic All-America® Division I Women's At-Large first team, Ward was a three-time NCAA champion in the Women's Saber this year. A senior public policy major with a 3.47 G.P.A., she won her third NCAA Women's Saber title in 2012, becoming the first student-athlete in Duke history to win three individual NCAA Championships. A native of Portland, Ore., she posted an 81-1 record this year, helping Duke finish ninth in the nation.

Amuchastegui, Pancake Top Capital One Academic All-America® At-Large Teams – page 6

She finished her career with a record of 272-7 to become Duke's all-time wins leader. The recipient of an NCAA Post-Graduate Scholarship, she was named as Duke's Female Student-Athlete of the Year in 2012.

Ward was one of two fencers on the Capital One Academic All-America® Division I Women's At-Large first team. She is joined on the first team by Kirpicheva, a junior public relations major with a 3.75 G.P.A from St. John's University. A native of Ufa, Russia, she won the 2012 NCAA title in the individual women's foil, leading St. John's to a fourth place finish at the national championship. A three-time All-American honoree, Kirpicheva posted an 86-17 on the year and won the Kaiser Award as the Most Outstanding Female Athlete at St. John's.

The only sophomore on the Capital One Academic All-America® Division I Women's At-Large first team, Beisel led the Florida swimming and diving team to a tenth place finish at the NCAA Championship Meet. A telecommunications major with a 3.61 G.P.A., Beisel won the 2012 NCAA championship in the 200 backstroke. A member of the U.S. Olympic team in 2008 when she was 15 years old, she was the Southeastern Conference Swimmer of the Year in 2012. A nine-time All-American, she won three SEC championships this season, setting a SEC record in the 400 I.M. The North Kingstown, R.I. native won two SEC titles as a freshman.

Nine different sports are represented on the Capital One Academic All-America® Division I Women's At-Large first team. There are four swimmers, two gymnasts, two fencers and two skiers. Crew, lacrosse, golf and tennis each has one representative. There are 11 seniors, two juniors, a graduate student and a sophomore on the Capital One Academic All-America® Division I Women's At-Large first team. Three of the 15 scholar-athletes on the Capital One Academic All-America® Division I Women's At-Large first team have perfect 4.0 G.P.A.'s. The average G.P.A. is a 3.85.

About Capital One

Capital One Financial Corporation (www.capitalone.com) is a financial holding company whose subsidiaries, which include Capital One, N.A., Capital One Bank (USA), N. A., and ING Bank, fsb, had \$216.5 billion in deposits and \$294.5 billion in total assets outstanding as of March 31, 2012. Headquartered in McLean, Virginia, Capital One and ING Direct offer a broad spectrum of financial products and services to consumers, small businesses and commercial clients through a variety of channels. Capital One, N.A. has approximately 1,000 branch locations primarily in New York, New Jersey, Texas, Louisiana, Maryland, Virginia and the District of Columbia. A Fortune 500 company, Capital One trades on the New York Stock Exchange under the symbol "COF" and is included in the S&P 100 index.

Capital One, an NCAA Corporate Champion, began its affiliation with college sports with the sponsorship of the 2001 Capital One Florida Citrus Bowl (now the Capital One Bowl) and ESPN's Capital One Bowl Week. In addition, Capital One sponsors the ABC College Football Halftime Report, Capital One All-America Mascot team, Capital One Academic All-America Program, and supports all 89 NCAA Championships including the Division I Men's and Women's Basketball Championships, and numerous other collegiate athletics programs.

About the Academic All-America® Program

To be eligible for Academic All-America® consideration, a student-athlete must be a varsity starter or key reserve, maintain a cumulative G.P.A. of 3.30 on a scale of 4.00, have reached sophomore athletic and academic standings at his/her current institution and be nominated by his/her sports information director.

Since the program's inception in 1952, CoSIDA has bestowed Academic All-America honors on more than 15,000 student-athletes in Divisions I, II, III and NAIA, covering all NCAA championship sports.

For more information about the Academic All-America® Teams program, please visit www.cosida.com.

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Capital One 2012 Academic All-America® Men's At-Large Team NCAA Division I

Academic All-American of the Year: Nick Amuchastegui, Stanford

FIRST TEAM						
Name	School	Yr.	Hometown	GPA	Major	Sport
Nick Amuchastegui (1) #	Stanford	Gr.	Talent, Ore.	3.98	Mech. Engineering	Wrestling
Franz Bernstein	Vermont	Sr.	Unterthingau, Germany	3.84	Engineering Mgmt	Skiing
Bobby Bollier (1)	Stanford	Sr.	Mission Hills, Kan.	3.75	Mech. Engineering	Swimming
Brendan Buckley	U.S. Military Academy	Jr.	Massapequa, N.Y.	3.99	Engineering Mgmt.	Lacrosse
Louis Cant	Mississippi State	Sr.	Brugge, Belgium	3.93	Kinesiology	Tennis
Cody Deacon	U.S. Air Force Acad.	Sr.	Portland, Ore.	3.84	Aeronautical Eng.	Swimming
Brian Donohoe	UC San Diego	Jr.	Upland, Calif.	3.96	History	Water Polo
Andrew Elliott	Ohio State	Sr.	Granger, Ind.	3.85	Marketing	Swimming
Colin Gray (3)	Evansville	Sr.	Carmel, Ind.	4.00	Mathematics, Act. Sci.	Swimming
Ryan Helms	Tennessee	Sr.	Moultrie, Ga.	3.71	Exercise Science	Swimming
Tucker Lane (2)	Nebraska	Gr.	Redvale, Colo.	3.94	Comm. Studies	Wrestling
Brad Lawson	Stanford	Sr.	Honolulu, Hawaii	3.66	Science, Tech. & Soc.	Volleyball
Miguel Pineda (1)	Penn State	Sr.	Galloway, Ohio	3.98	Biology	Gymnastics
Tyler Reinking	Montana State	Sr.	Silverthorne, Colo.	3.98	Exercise & Nutrition Sci.	Skiing
Kyle Weeks (3)	Alabama	Sr.	Poway, Calif.	4.00	Finance	Swimming

SECOND TEAM						
Name	School	Yr.	Hometown	GPA	Major	Sport
Nathan Anderson	North Dakota State	Jr.	Oxbow, N.D.	4.00	Accounting	Golf
Chad Billins	Ferris State	Sr.	Marysville, Mich.	3.82	Marketing	Ice Hockey
Steve Bonanno	Hofstra	Jr.	Wantagh, N.Y.	3.81	Accounting	Wrestling
Remi Boutillier	Fresno State	Sr.	Briancon, France	3.87	Business Admin.	Tennis
Patrick Cantlay	UCLA	So.	Los Alamitos, Calif.	3.30	History	Golf
Sean Duddy	Ohio State	Sr.	Ann Arbor, Mich.	3.96	Finance	Ice Hockey
Josh Ihnen	Nebraska	Jr.	Sheldon, Iowa	3.88	Finance	Wrestling
Artem Ilyushin	Mississippi State	Sr.	Granite Bay, Calif.	3.75	Business Admin.	Tennis
Tyler Johnson	North Dakota State	Sr.	Bismarck, N.D.	4.00	Biology	Wrestling
Ryan Leets	U.S. Military Academy	Jr.	Kentwood, Mich.	4.04	Civil Engineering	Ice Hockey
Alex Lendrum	Southern California	Jr.	Phoenix, Ariz.	3.70	Bio. & Biomedical Sci.	Swimming
Kyle Owens	Auburn	Jr.	Johnson City, Tenn.	3.91	Bio. Sci., Pre-Med.	Swimming
Eric Packer (3)	Dartmouth	Sr.	Anchorage, Alaska	3.86	Engineering	Skiing
Austen Thompson	Arizona	Sr.	Chandler, Ariz.	3.47	Mole. Cellular Biology	Swimming
James White	Georgia Tech	Sr.	Acworth, Ga.	3.69	Management	Golf

THIRD TEAM						
Name	School	Yr.	Hometown	GPA	Major	Sport
Nick Bailen	Rensselaer Polytechnic	Jr.	Fredonia, N.Y.	3.91	Bus. & Mgt., Comm.	Ice Hockey
CJ Costabile	Duke	Sr.	New Fairfield, Conn.	3.32	History	Lacrosse
Dylan Frittelli	Texas	Sr.	Pretoria, So. Africa	3.35	Geography	Golf
Troy Grosenick	Union	So.	Brookfield, Wis.	3.83	Managerial Econ.	Ice Hockey
Robert Hamlin	Lehigh	Jr.	Jonesville, Vt.	3.36	Material Science, Eng.	Wrestling
Andreas Haug	Colorado	So.	Blummenholm, Nor.	4.00	Business Finance	Skiing
Ryan Hawkins	Virginia Tech	So.	Charlotte, N.C.	3.85	Architecture	Swimming
Kevin King	Georgia Tech	Sr.	Peachtree City, Ga.	3.71	Mech. Engineering	Tennis
Matthew Langley (3)	Middle Tennessee State	Sr.	West Beach, Australia	4.00	Exercise Science	Tennis
Mike Lee	St. Cloud State	Jr.	Roseau, Minn.	3.94	Biomedical Science	Ice Hockey
Daniel Nguyen	Southern California	Sr.	Oxnard, Calif.	3.43	Communication	Tennis
James Queeney	Colgate	Jr.	Reading, Mass.	4.15	Mathematics	Lacrosse
Matt Snyder	Virginia	Sr.	Lewistown, Pa.	3.83	Kinesiology	Wrestling
Armin Triendl	New Mexico	Jr.	Oberperfuss, Austria	4.00	Business Admin.	Skiing
Jonathan Yergler	Princeton	Jr.	Winter Park, Fla.	3.37	Psychology	Fencing

- (1) 2011 Capital One Academic All-America® First Team
 (2) 2011 Capital One Academic All-America® Second Team
 (3) 2011 Capital One Academic All-America® Third Team
 # 2010 Capital One Academic All-America® Second Team





2012 Capital One Academic All-America® Women's At-Large Team NCAA Division I

Academic All-American of the Year: Brooke Pancake, Alabama

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major	Sport
Amy Anderson (2)	North Dakota State	Jr.	Oxbow, N.D.	3.96	Accounting	Golf
Melanie Baskind	Harvard	Sr.	Framingham, Mass.	3.74	Neurobiology	Lacrosse
Elizabeth Beisel	Florida	So.	North Kingstown, R.I.	3.61	Telecommunications	Swimming
Sarah Borchelt	Virginia	Sr.	Sterling, Mass.	3.92	Nursing	Crew
Kat Ding	Georgia	Sr.	Sparks, Nev.	3.58	Advertising	Gymnastics
Elna Eggers (1) (#)	Arizona State	Sr.	Stockholm, Sweden	3.96	Economics	Swimming
Amy Glen (1)	Vermont	Sr.	Anchorage, Alaska	3.96	Biology	Skiing
Katie Goddard	Brown	Sr.	Kings Park, N.Y.	4.00	Public Policy	Gymnastics
Evgeniya Kirpicheva	St. John's (N.Y.)	Jr.	Ufa, Russia	3.75	Public Relations	Fencing
Jessica Lyden	Duke	Sr.	Lexington, Ky.	3.95	Psychology	Swimming
Courtney McLane (2)	Alabama	Gr.	Lawrenceville, Ga.	4.00	Marketing	Tennis
Brooke Pancake (1)	Alabama	Sr.	Chattanooga, Tenn.	4.00	Marketing	Golf
Caitlin Patterson (2)	Vermont	Sr.	Anchorage, Alaska	3.92	Civil Engineering	Skiing
Wendy Trott (1)	Georgia	Sr.	Capetown, S. Africa	3.97	International Affairs	Swimming
Becca Ward	Duke	Sr.	Portland, Ore.	3.47	Public Policy	Fencing

SECOND TEAM

Name	School	Yr.	Hometown	GPA	Major	Sport
Kelly Amundrud (3)	Bradley	Sr.	Calgary, Alb., Can.	3.94	Accounting	Golf
Jennifer Beatty	Bowling Green State	Sr.	Indiana, Pa.	4.00	Phys. Ed., Teacher Ed.	Swimming
Chelsea Beck	Wagner	Sr.	Reading, Pa.	3.98	Education, Psych.	Water polo
Karlee Bispo (3)	Texas	Sr.	Modesto, Cal.	3.35	Exercise Sci., Pre-Med.	Swimming
Amanda Burnett	Boise State	Gr.	Glendale, Ariz.	4.00	Master of Bus. Adm.	Swimming
Alyssa Conner	Texas A&M	Sr.	Granite Bay, Cal.	4.00	Marketing	Swimming
Ulrike Denker	Ohio State	Gr.	Essen, Germany	3.93	Business, Accounting	Crew
Megan Ferguson	Oklahoma	Sr.	Olathe, Kan.	3.65	Advertising	Gymnastics
Kelsey Floyd	Tennessee	Jr.	Lexington, Ky.	3.60	Sport Management	Swimming
Logan Kline	Virginia Tech	Jr.	Mission Hill, Kan.	3.79	Biological Science	Swimming
Jocelyne Lamoureux	North Dakota	Jr.	Grand Forks, N.D.	3.87	Physical Edu.	Ice Hockey
Joanna Mather	Florida	Sr.	Duluth, Ga.	3.65	Business Admin.	Tennis
Bethany Neczypor	Cornell	Sr.	North Royalton, Ohio	4.01	Psychology	Gymnastics
Katie Yamamura	UC Davis	Jr.	Palo Alto, Cal.	3.96	Neurobio., Physiology	Gymnastics
Petra Zublasing	West Virginia	Jr.	Appiano, Italy	3.85	Civil Engineering	Rifle

THIRD TEAM

Name	School	Yr.	Hometown	GPA	Major	Sport
Kelsey Amy	Penn State	Jr.	Sweet Valley, Pa.	3.79	Bachelor of fine art	Field Hockey
Elmine Botes	Fairleigh Dickinson	Sr.	Heidelberg, So. Africa	3.98	Electrical Engineering	Tennis
Eileen Brandes	Michigan	Sr.	Falmouth, Maine	3.92	Biology	Field Hockey
Katie Burnett	South Carolina	Sr.	Brunswick, Ga.	3.85	Experimental Psych.	Golf
Hannah Caron	Utah	Sr.	Raleigh, N.C.	3.99	Speech & Hearing	Swimming
Amanda D'Ostroph	Charleston Southern	Jr.	Whispering Pines, N.C.	4.00	Biology	Golf
Jasmine DePompeo	U.S. Naval Academy	Jr.	Sayville, N.Y.	3.38	Political Science	Lacrosse
Michelle Fountain	Marist	Sr.	Sayville, N.Y.	3.86	Education, Psych.	Swimming
Emily Harman	Syracuse	Sr.	Petersburg, W.V.	3.95	Health & Exer. Sci.	Tennis
Polly Hirt	Illinois State	Sr.	Mundelein, Ill.	4.00	Nursing	Swimming
Kim Kaufman	Texas Tech	Jr.	Clark, S.D.	4.00	Political Science	Golf
Stacy Kramer	Western Michigan	Sr.	Ooltewah, Tenn.	4.00	Biology	Gymnastics
Jaime Pisani	Arkansas	Sr.	Ringwood, N.J.	3.66	Kinesiology, Ex. Sci.	Gymnastics
Emily Tubert	Arkansas	So.	Burbank, Calif.	3.80	Broadcast Journalism	Golf
Taylor Zondervan	Western Michigan	Sr.	Schoolcraft, Mich.	4.00	Exercise Science	Gymnastics

(1) Capital One Academic All-America® 1st team selection in 2011

(2) Capital One Academic All-America® 2nd team selection in 2011

(3) Capital One Academic All-America® 3rd team selection in 2011

(#) Capital One Academic All-America® 3rd team selection in 2010

